



Self Esteem for Women: 10 Principles for Building Self Confidence and How to Be Happy in Life (Free Living, Happy Life, Overcoming Fear, Beauty Secrets, Self Concept)

By Dr Elizabeth King

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Self Esteem for Women 10 Principles for building self confidence and how to be happy in life (free living, happy life, overcoming fear, beauty secrets, self concept) Sale price. You will save 66 with this offer. Please hurry up! No woman was ever born already self-confident. No woman was ever born with self-confidence imbeded in her genes. This is suggestive that self-confidence is never and can never be inherited from your parents. Therefore any woman who is willing to buid her self-confidence and be happy can learn and become competent, like any other learnable skill. There are some universal principles that are very critical for women to learn, in our quest to become self-confident and ultimately become happy people. You deserve to be confident and happy in life. This book consists of eleven chapters, each packed with rich information required to build the requisite levels of self-confidence and guide you on a path of happiness. A quick and easy read, you will learn about: compelling reasons why you need to be self-confident. a journey into your past to...



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