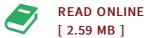




Living Well with Parkinson's Disease: What Your Doctor Doesn't Tell You.That You Need to Know

By Gretchen Garie, Michael J. Church, Winifred Conkling

HarperCollins Publishers Inc. Paperback. Book Condition: new. BRAND NEW, Living Well with Parkinson's Disease: What Your Doctor Doesn't Tell You. That You Need to Know, Gretchen Garie, Michael J. Church, Winifred Conkling, This is a complete guide to Parkinson's disease, from a patient advocate who founded a successful Parkinson's support group. This comprehensive guide provides detailed information on the medical, emotional, financial, and practical aspects of Parkinson's Disease from two of America's leading advocates for people with the condition. The tone is conversational, pragmatic and personal: the authors offer practical suggestions on handling everyday challenges such as buttoning a shirt or rolling over in bed, explore how PD affects relationships, discuss the role of diet, supplements, rest and relaxation, and the mind-body connection, and offer strategies for navigating professional life. They not only explain what PD is, but unlike other books they show how PD feels, sharing anecdotes and reflections from their own experience and from dozens of people who are living well with PD. This compassionate and inspiring book offers knowledge and wisdom from those who understand the challenges of dealing with PD each day.



Reviews

This publication will never be effortless to get started on reading through but very entertaining to read through. It normally is not going to expense too much. I discovered this publication from my dad and i encouraged this book to find out.

-- Otilia Schinner

These kinds of publication is everything and made me hunting ahead of time and more. I have got read through and i also am confident that i am going to gonna study yet again yet again later on. Its been printed in an extremely basic way in fact it is only after i finished reading this pdf in which in fact transformed me, alter the way i believe.

-- Cristina Koepp